



Alpha Beta State NEWS

The Delta Kappa Gamma Society International – For Key Women Educators
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June 2014



Sharing Our Vision ~ Strengthening Our Society

The Train Moves on:

May 3 was a banner day for the Alpha Beta State Organization of the Delta Kappa Gamma Society International. The Leadership Development Committee planned and executed an outstanding Leadership Development Conference. If you were unable to attend you really missed a great opportunity.

Our day opened with an inspirational presentation by Dr. Lonise Bias on "The Best Is Yet To Come". Her words were almost a prediction about the awesome day before us.

Our members participated in making fifteen minute meals, created beautiful floral arrangements, and learned more about health care options. I was amazed at the wonderful finished flower arrangements. They were appropriate for any occasion or special event. Many members left with a cookbook designed and published by our own **Carolyn Lang**, Tau and **Brenda Korrow**, Epsilon.

Chapter presidents for 2014 – 2016 were prepared for the task ahead of them for the next two years. We appreciate these ladies for their willingness to lead their chapters as we continue to share our vision to strengthen our society.

One of the highlights of the day was our silent auction. Members donated items to be auctioned as a fund raiser for the upcoming Northeast Regional Conference. There were a variety of items covering many categories available for auction. Our members were very generous in the items that were donated. The auction raised almost \$2,000. These funds will be used to help finance Maryland Night at the North East Regional. Thank you to all members who donated and who purchased items. We will also sell jewelry and Fisher's Popcorn. Order forms are available in the newsletter and on the state web-site.

Our day ended with a fabulous presentation by Susan Poulin as Ida Le Clare. What a performance! She encouraged us to find the "Moose" inside of us. Susan graciously signed copies of her book which the first 100 registrants received.

As I read through the evaluations completed by our members, it became quite apparent that most members had an enjoyable and productive day. I want to thank all who attended.

On To Indiana:

I hope to see many of you in Indianapolis July 28 – August 1, for our International Convention. The convention will be held at the J W Marriot Hotel. Go to the Delta Kappa Gamma Web-site and register today. You will find registration and hotel information as well as a listing of the many workshops and tours available to members.

Northeast Regional Conference:

Are you aware that Maryland is the next host state for the Northeast Regional Conference in July of 2015? This will be a great opportunity for Maryland to be involved at the regional level. **Carolyn Lang** is chairing the steering Committee for the conference. Once we receive direction from our Regional Director, Carolyn will be calling upon each of us for support.

This first year has been full of rewards as well as challenges. It is very rewarding to visit chapters to see first hand some of the programs and activities that many of you are involved in. I have visited about half of the chapters in the state. If I have not been to your chapter, please invite me, I am happy to come.

The greatest challenge has been the drop in membership. We had three chapters that did not report last year which greatly affects our budget. I challenge you to invite inactive members back. Sometimes it only takes someone to say "We miss you, why don't you join us for our next meeting or activity."

Thank you for a wonderful year and for your collective and individual contributions to the success of The Alpha Beta State Organization.

Janette Bell, Alpha Beta State Organization
President

ALL



ABOARD!

An important letter to the out-going chapter presidents (and, really, to all members!):

To those of you who are becoming “PAST” Chapter presidents, I would like to speak directly to you. I’d first like to thank you for serving as your chapter’s president, and for creating and completing a biennium that was, I’m sure, uniquely yours. Your chapter has appreciated your stepping up as their leader, and now you can sit back and relax – a little – and let someone else take the reins.

After I completed my two years as state president, I was privileged to hear a speaker, actually, my minister, talk about leaders who become “so that’s”. Yes, you heard me correctly – you are now a “so that”. Huh? What am I talking about?

Well, sisters, you have stepped up to become a leader in your chapter – so that – the Society and your sisters remain strong and well. Thank God for the leaders! Without your saying “yes” to some added responsibility within the organization, DKG would not continue to live. Your leadership is still a vital part of what your chapter needs, as a mentor, someone who has “been there,” someone who can pat a back or hold a hand, or answer a question, or sympathize. You’ve done it! You’ve been a success! Now help “so that” others can be successful, too.

Your leadership has provided mentorship to others who would like to be like you – so that – sisters see your enthusiasm and love for this organization and decide that they would like to step up, too. Whisper in someone’s ear “You’re a really great leader” or “You did a great job as secretary of our chapter”. Whenever you see someone doing something well, tell them – so that – they realize that they really are something else. It will mean so much coming from you. After all, you have been THE PRESIDENT.

You have encouraged the giving that is necessary for special DKG projects and programs – so that – they continue to flourish. Golden Gift, World Fellowships, the Emergency Fund, the Schools in Africa, scholarships, grants – whatever special project that you have acknowledged, encouraged, or supported, it is through your presidency that many of these projects continue to support not only our sisters, but others outside DKG. Step up to chair a committee that supports these projects, or create a buzz about them. The more you let sisters know about what’s going on in your chapter, in Alpha Beta State or at International, the more they’ll be aware and wish to support these projects, too. Together we can do so much – so that – many others will benefit.

And you have been an inspiration for many, a role model for some, and have completed a task that most of us think we could never do – so that – others will see that DKG leadership is something we are all capable of, because, after all, our invitation to membership happened because someone recognized us as a person with leadership or potential for leadership. Let them know they’re great – and smart – and valued – and needed –so that – they continue their memberships and enthusiasm for DKG into the future.

	White Roses	
None to report		

Without the “so that’s” in my DKG journey, I would still be working behind the scenes, always a good worker bee but never the queen. For I didn’t see the potential in myself that others saw in me. These wonderful women encouraged me, supported me, and loved me – so that – I could become the leader they knew I could be, but that I didn’t know I could be. They whispered in my ear, and paved a path for my own leadership journey – so that – I experienced professional and personal growth that I never knew I had.

So, out-going Chapter Presidents, your job is not over. You can breathe a little easier, pat yourself on the back, and say “I did that well”, but you are in a wonderful position to lift up and help one or two or ten of those worker bees that you see in your chapter – so that – they will begin to believe they, too, have potential for DKG leadership. And you can encourage, support and love the leadership that is coming behind you, your new chapter officers, committee chairs, and others of the workers – so that – they will willingly step into your shoes and help DKG thrive.

Job well done, ladies. Job well done.

Carolyn Lang, Tau



FLORAL DESIGN

Absolutely, nothing was more intriguing, the week-end prior to Mother's Day, than having amateurs acquire the skills necessary to organize stellar arrangements that could have been sold at any retail shop. On Saturday, May 3, 2014, several members representing various chapters of Alpha Beta State attended, on a rotating basis, an overflowing floral design workshop, facilitated by two outstanding individuals representing **Woods Flowers and Gifts**, a family owned and operated 75 year old establishment, in College Park, Maryland. The Woods Florist's charmed history began three generations ago when a merchant and his lovely wife became entrepreneurs.

Each participant was provided with an assortment of fresh cut flowers, a vase which included an oasis, and cutting sheers. The facilitators modeled the cutting process, shared key pointers regarding general care guidelines for maintaining, eye popping arrangements. Next, they emphasized the importance of a clean vase and clean water for preserve flowers. We also observed how to snip the ends of the flowers, as well as several embellishments to enhance the arrangements.

All participants exited the sessions, assured they had morphed from amateur floral designers to professionals. As we paraded into the lobby and parking lot, I overheard several guests articulating comments about the lovely arrangement. Two gentlemen asked if they were being sold at the hotel. I smiled and thought, "This is one of the gifts my mom will receive for Mother's Day."

Dorothy Clowers--Theta



15 Minute Meals

Have you ever had one of those days? Maybe it was a long day at work, maybe you are tired, or maybe you just don't feel like cooking. **Carolyn Lang**, Tau, and **Brenda Korrow**, Epsilon, offered a variety of solutions to the problem of what to make for dinner. The ladies showed Alpha Beta State members how to prepare healthy meals in 15 minutes or less. They offered salad, entrees and even desserts. The meals were easy to prepare, convenient and delicious.

Members were shown how to make healthy dishes which were high in protein and flavor, but low in fat. Carolyn and Brenda also gave each attendee a recipe book with all of the day's recipes included. During the presentation, the ladies learned that everything does not have to be made from scratch in order to be healthy. Members were also given a sampling of the Greek Chicken Salad, Shrimp Stir Fry, Garlic and Lemon Chicken with Potatoes and Green Beans, Pork Barbeque, Peach Cobbler and Chocolate-Cherry Trifle. The most important thing that was learned was that if you don't tell your family and friends that it is low fat, they'll never know!!

Ina Gardner, Tau

Alpha Beta State Scholarship Committee

The Scholarship Committee has been on board the **Learning Express** this year. We have met and edited the criteria for the different Scholarships, Mini Grants and also the criteria for the Alpha Beta State website. We have screened and eliminated applications that did not meet the criteria for approval by the Alpha Beta State President, **Janette Bell**.

The Scholarship Committee has also used a traveling project board displayed at meetings to inform and remind members about the various Scholarships and Mini Grants that are available and when the applications for them are due.

So, what are you waiting for! Get on board the right track to achieve your long term goals. If that goal is towards a Master's or Doctoral Degree consider applying for one of the 3 Scholarships offered by Alpha Beta State of Maryland. The Dr. Anne H. Matthews, Esther J. Crook, and Dr. Fern Schneider scholarships can help with \$1,500.00 towards expenses for taking classes to further your education. The deadline for applying for the State Scholarships is January 15, 2015.

Now if you just want to expand your horizon such as a one day seminar on starting your own business or learning to play the guitar or a one day culinary class or a new skill that may add a new beginning to your life apply for one of our Mini Grants of up to \$200.00. The deadline for applying for 2015 Mini Grants are Feb. 1st and May 1st.

On behalf of the Scholarship Committee, we would like to congratulate our Scholarship and Mini Grant recipients. We had 2 applicants for the Scholarships, both were awarded \$1,500.00. **Kihara M. Dorsey** (Lambda) was awarded the Esther J. Crooks Scholarship and **Suzanne Wilburn** (Alpha Alpha) awarded the Dr. Anne Matthews Scholarship. Our Mini Grant recipients were **La Tanya Eggleston** (Rho), **Ann Frantz** (Alpha Alpha) and **Sharon Hilty** (Delta).

Congratulations to all!!

Sheila Owens, State Scholarship Committee

Mission:

The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

Vision:

Leading Women Educators Impacting Education Worldwide



Dr. Fran Luther (Alpha) will have an article published in the spring DKG Bulletin. The article discusses using the book, King Peggy, as an instructional tool. At this time we are unsure of the article's title as the editor has changed it a couple of times. Also, she will conduct a workshop, *A Minority Woman in a Leadership Role: King Peggy*, at the International Convention in Indianapolis in July.

Sharon Hilty's (Delta) name was drawn to receive the flag that was flown over the Capital at THE US FORUM LEADERSHIP SEMINAR.....on the very day her son, John-David, was leaving for his 5th deployment (3rd to Afghanistan) to the Middle East. Please keep all our Military and their Families in your prayers.



HEALTH CARE REFORM AND YOU

The Affordable Care Act, Long term disability care and controlling the high costs of health premiums were the hot topics addressed at this healthcare workshop. Dr. Alex Blum, the Chief Medical Officer from Evergreen Health Co-op discussed how the Affordable Care Act (ACA) was passed in 2010 to break the cycle of the lack of affordable healthcare for many Americans. According to Dr. Blum, individuals are now pooled into one insurance Company under ACA. Those that are eligible under the ACA are small businesses, individuals not covered by their employers and members of Congress.

Evergreen Health Co-op is the first new insurance company in Maryland. They have four health centers located throughout Maryland and work on the team approach. The team is composed of a provider, a health coach and a care coordinator. We were all impressed that Dr. Blum not only takes his job seriously, but also he is a terrific dad by bringing his infant son to the workshop so that his wife could have some time to herself. What a guy!

Lenora Hammett of Lenora Hammett & Associates brought information on financial education so that we can begin to look at long-term planning, defining your goals & dreams, plan for a confident retirement and leave a legacy for your grandchildren. Do you need to review your investments, change beneficiaries, increase your sources of retirement income or update your power of attorney, then contact Lenora. She will guide you in making the right decisions for your situation. Don't put it off- DO IT NOW! You can have peace of mind in structuring your financial package.

Both presenters gave the DKG sisters plenty of information, food for thought and even free tote bags as they prepared us to face our financial and health future with empowering knowledge.

Joan Wiggins, Alpha Theta

THE COMMITTEE FOR TEACHING ABOUT THE UNITED NATIONS (CTAUN):

"It is not enough to teach our children how to read, write, and count. Education has to cultivate mutual respect for others and the world in which we live, and help people forge more just, inclusive and peaceful societies." ~UN Secretary -General Ban Ki-moon, June 12, 2013

The January 2014 Committee for Teaching About the United Nations (CTAUN) Conference captured the words of General Ban Ki-moon. Promoting Peace through Education... a possibility presented to hundreds of educators, community leaders, authors, researchers, students, etc. in January at the United Nations Headquarters in New York. If you have a desire to motivate our future generations to practice civility with communication, then CTAUN is an excellent place to start. This one day, annual conference opened with a video titled "Determined to Save Succeeding Generations from the Scourge of War". There were two keynote speakers. Panel discussions that defined threats to peace, as well a critical analysis of causes for the problems, and solutions for peace. One panelist and artist, Minerva Diaz, presented an original piece designed specifically for the conference. Her work directs attention to human and global issues to include peace efforts.

Diaz shared the work of art inspired by Malala Youafzai's story. This piece was later auctioned at the CTAUN Conference. In 2013, on her 16th birthday, Malala was shot in the head by the Taliban on her way to school in Pakistan. At the UN Youth Conference in New York City, her words electrified the world: "let us pick up our books and pens...They are our most powerful weapons. One teacher, one book, one pen can change the world." As Diaz shared this story, she unveiled this picture of a girl reading a book titled *Thank you for your Courage*.

This conference included several presenters to include President Emerita of Wilson College, Lorna Edmundson, PhD.; Deputy Permanent Representative of Belize to the United Nations, H.E. Ambassador Janine Felson; Director and Deputy to the UN High Representative for Disarmament Affairs, Virginia Gamba; Vice President for Academic Affairs of the National Peace Academy, Tony Jenkins; Vice President of the Academy of International Conflict Management and Peace building of the United States Institute of Peace in Washington, D.C., George A. Lopez; a fourth grade teacher at the United Nations International School in New York City, Charlotte Mourlot; the United Nations representative for the International Peace Bureau, Cora Weiss, just to name a few.

If you have practical strategies for Peace Education or Best practices, then CTAUN provides awards to community leaders like yourself. So, consider presenting, submitting ideas, networking with likeminded people, and or attending next year's event.

To learn more check our website, <http://www.dkgmd.org/> Calendar and Events page. I plan on attending again.

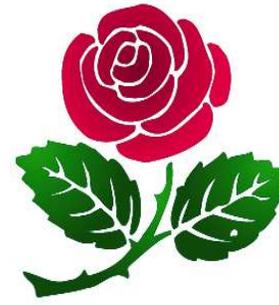
LaTanya Eggleston, Rho

"It isn't enough to talk about peace, one must believe in it. One must work at it." ~Eleanor Roosevelt



At a November Program Workshop there was an activities that included making baby blankets to be given to charity. At the end of this program there was a large pile of material left. Alpha Delta Chapter volunteered to take the material and make the blankets. One chapter meeting the members were taught how to complete the blankets. The process was fun and we ended up with a pile of beautiful blankets. These blankets were sent to the shelters and Guatemala.

Barbara Devenport, Alpha Delta



Yvonne Babcock, Pat Ayers, Pat Johnson and Mary Makinen filling diddy bags for Alpha Delta's Helping Hands.

Alpha Delta Chapter was looking for a project in which all members could participate. We wanted to do something for the two homeless shelters in our county. The committee came up with "Helping Hands". The members that sew, receive washcloths from other members and sew them into bags with ribbons on the side to serve as ties. Throughout the year, members collect toiletries, toothbrushes, toothpaste, razors, deodorant, and other needs for these clients.

One chapter meeting is dedicated to sorting and filling the bags. We are always surprised at the number of "Diddy Bags" we have to share with the shelters. Last year we were able to share 80 bags with each shelter. When the bags were delivered the people there were so excited to receive them. They look for this delivery every year.

Barbara Devenport, Alpha Delta

LEADERSHIP DEVELOPMENT CONFERENCE



Barbara Devenport, Lois Davis, Kate Lutz (Alpha Delta) made flower arrangements



Brenda Karrow, Epsilon-15 Minute Meals



Dr. Lonise Bias spoke



Dr. Alex Blum talks about Health Reform



Carolyn Lang, Tau - 15 Minute Meals



Susan Polin as Ida LeClare

Dear Sisters of Alpha Beta State,

On behalf of the Steering Committee for the Northeast Regional Conference 2015, I would like to sincerely thank the sisters who attended the Leadership Development Conference on May 3 for the unbelievable response you showed through your donations to and shopping at our Silent Auction. This was held to support Maryland Night at the conference on July 8, 2015. We raised more than \$1900!

We will be continuing the fundraising process throughout this coming year, and thank you in advance for your continuing support for this vital work. We have so much to do together to organize and carry out International's wishes for this event, and I cannot express how very much I appreciate the way that sisters have rallied and jumped to help.

I love and cherish all of you and look forward to working with all of you as we go forth.

Fondly,
Carolyn Lang, Tau



Show Your DKG Spirit!

Purchase a Crystalis Rose Bangle to support Maryland Night!

Preorder – To be Delivered on or before September 20.

Name: _____

Chapter: _____ Phone # _____

Email: _____

Color: _____ Silver or _____ Gold

Size: _____ Regular or _____ Small

Check One:

_____ I will be in Indianapolis and would like my bracelet then.

_____ My bracelet can be delivered at the September 20 Executive Board Meeting.

Payment: \$34.90 + \$2.10 tax = \$37.00 PD: _____

Make Checks Payable to Alpha Beta State.

Mail check and order form to: Janey Snyder, 4905

Marchwood Court, Perry Hall, MD 21128-9072



FISHER'S POPCORN
FUNDRAISER

The Steering Committee for the Northeast Regional Conference 2015 is also selling Fisher's Popcorn to help raise funds for Maryland Night. An order form will be sent to your chapter president. Take orders from your family and friends for the famous Ocean City popcorn. It is sold by the ½ gallon and gallon tubs as well as 2 ounce and 6 ounce bags. Popcorn flavors are caramel, butter, white cheddar, old bay and caramel peanuts. You can also buy a pound of their taffy. Forms are to be returned to Mary Makinen. Checks are to be made to Alpha Beta State. You must be able to pick up the popcorn at the Executive Board Meeting in September (or have someone from your chapter pick up your orders).



EMAIL EXTRAS



Brenda Patterson, Nadine Roberts



Health Reform



Jean Gray



LaTonya Eggleston



MD Congresswoman Johnson